

dating & mating



a new roadmap for lasting love

In this 6-week interactive group, you will learn to:

- Transform negative beliefs into positive affirmations of romance and love
- Be the best "YOU" to attract the right mate
- Discover the best ways to meet quality people for friendship and romance
- Discern the many disguises of love
- Make healthy decisions about sex and dating
- Create a fun and practical Dating Plan to guide your romantic journey
- Optional *Hypno-Attraction*™ session

Next group to be scheduled
Summer/Fall 2010

Facilitated by Alan Irgang, LCSW

~This group is open to participants of all sexual orientations~

Pre-registration is required

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Alan Irgang, LCSW is a psychotherapist and "dating coach" in private practice in Chicago. He is also on the faculty of the Loyola University School of Social Work where he teaches graduate level courses in Human Sexuality. Alan has been in private practice since 1998 and has been facilitating groups for singles about dating and relationships for 7 years.